

Mothers' Milk Bank of North Texas Announces January Harshe as Keynote Speaker for 11th Anniversary Luncheon

January Harshe from Birth Without Fear and Mothers' Milk Bank of North Texas celebrate motherhood and the miracle of donor human milk.

Fort Worth, Texas ([PRWEB](#)) July 27, 2015 -- [Mothers' Milk Bank of North Texas](#) (MMBNT) will hold its 11th Anniversary Luncheon on Wednesday, September 30, 2015, at 11:30 a.m. at Ridglea Country Club, 3700 Bernie Anderson Avenue, Fort Worth, Texas 76116. January Harshe, from [Birth Without Fear](#), will speak at the celebration entitled, Motherhood & Milk Banking, Not All Superheroes Wear Capes. Tickets are \$65. Register and make a payment online at <http://www.texasmilkbank.org/luncheon-registration>.

The event will commemorate the super powers of mothers and raise funds for the milk bank's charitable care program. Executive Director of MMBNT, Amy Vickers says, "Many women don't know how strong they are until they experience pregnancy, childbirth and parenting. At the milk bank, we are surrounded by superhero mothers who help save sick babies with their extra breastmilk. It's truly amazing to know what moms are capable of."

Austin-based mom of 6, January Harshe developed her organization, Birth Without Fear, to give moms a voice through social media. She has gained a loyal following from hundreds of thousands of mothers (and dads) through her blog, Instagram and Facebook. Her Instagram page gained notoriety with the now infamous hashtag, #takebackpostpartum, starting a movement to praise and accept a woman's natural body changes after childbirth. Calling the months immediately following birth, the fourth trimester, January says, "I want women to embrace every change and learn to love themselves as much as they love their babies." She adds, "I am looking forward to meeting moms in Fort Worth in September and celebrate the life-saving work of Mothers' Milk Bank of North Texas."

The luncheon will support the milk bank's charitable care program, the Milk Money Fund, as well as support the organization's permanent endowment fund. Money raised will ensure that all infants with a medical need for donor human milk will receive it, regardless of a family's ability to pay for processing fees.

About Mothers' Milk Bank of North Texas

Mothers' Milk Bank of North Texas (MMBNT) is a non-profit organization founded in 2004 to provide premature and critically ill infants with donor human milk when their own mother's milk is not available. The milk bank now has 39 milk collection depots in Texas and other states, and serves over 100 hospitals. Thanks to the generous donations from more than 5,000 mothers, over 2 million ounces of donated breastmilk has been dispensed to the babies who need it most. To donate breastmilk, please email [moms\(at\)texasmilkbank\(dot\)org](mailto:moms(at)texasmilkbank(dot)org) or call 817.810.0071 or toll-free 1.866.810.0071. Learn more about milk banking at <http://www.texasmilkbank.org>.



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